

## 2008 FLORIDA GOLD COAST LONG COURSE METERS RECORDS

	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
<b>Freestyle</b>															
50	L. Lyons FLAQ-07 24.39	J. Linn AAST-02 24.31	T. Pace GOLD-98 23.27	T. Pace GOLD-04 24.26	K. Semisch FLAQ-09 25.72	C. Burns GOLD-98 25.75	R. Hawkins GOLD-00 26.26	G. Schmidt GOLD-05 27.22	D. Quiggin GOLD-04 27.60	D. Quiggin GOLD-09 27.60	C. Cavanaugh GOLD-05 28.65	A. Rapperport GOLD-08 34.01	A. Utrilla GOLD-01 39.33	F. Brasington GOLD-93 42.09	N. Smith GOLD-05 46.14
100	L.D'Angelo FLAQ-09 52.69	D. Tyler GOLD-94 54.09	R. Rivera GOLD-08 56.38	K. Wienants GOLD-98 55.62	C. Burns GOLD-94 56.80	C. Burns GOLD-98 57.55	J. Wotton GOLD-09 58.79	G. Hall GOLD-06 59.93	D. Quiggin GOLD-04 1:00.27	D. Quiggin GOLD-09 1:01.05	C. Cavanaugh GOLD-05 1:05.40	A. Rapperport GOLD-08 1:18.07	A. Utrilla GOLD-01 1:36.75	A. Utrilla GOLD-05 1:42.56	N. Smith GOLD-05 2:12.67
200	H. Lee FLAQ-07 1:55.65	D. Tyler GOLD-94 1:56.75	C. Ochoa GOLD-01 2:05.88	K. Wienants GOLD-98 2:02.26	R. Strauss GOLD-92 2:06.21	K. Wienants GOLD-09 2:08.28	T. Erickson FLAQ-07 2:11.67	G. Schmidt GOLD-05 2:23.35	D. Quiggin GOLD-04 2:21.30	D. Quiggin GOLD-09 2:20.37	C. Cavanaugh GOLD-05 2:29.24	A. Rapperport GOLD-08 2:59.24	D. Sessinghaus GOLD-05 4:03.02	A. Utrilla GOLD-05 4:00.83	
400	H. Lee FLAQ-07 4:04.68	C. Ochoa PLAN-98 4:28.38	M. Hooper FLAQ-07 4:23.47	J. Olson GOLD-03 4:29.30	R. Valdivia GOLD-05 4:29.67	J. Olsen GOLD-09 4:36.31	T. Erickson FLAQ-09 4:39.14	E. Leskovitz GOLD-94 5:19.37	D. Quiggin GOLD-05 5:28.23	D. Quiggin GOLD-09 5:06.57	C. Cavanaugh GOLD-05 5:29.24	A. Rapperport GOLD-08 6:31.36	J. Silverio GOLD-06 8:53.35	R. Kane GOLD-97 11:58.04	
800	V. Cantrelle FLAQ-09 8:52.30	B. Palmer FLAQ-08 10:48.52	M. Hooper FLAQ-06 9:19.53	M. Hooper GOLD-08 9:37.58	R. Valdivia GOLD-04 9:18.41	R. Valdivia GOLD-09 8:58.50	T. Erickson FLAQ-07 9:47.11	E. Leskovitz GOLD-92 10:55.75	D. Quiggin GOLD-07 11:27.46	D. Quiggin GOLD-09 11:01.95	C. Cavanaugh GOLD-05 12:14.62	A. Rapperport GOLD-08 13:31.99	D. Sessinghaus GOLD-05 19:03.14	R. Kane GOLD-97 24:42.18	
1500		C. Ochoa FLAQ-07 18:16.91	M. Hooper FLAQ-07 17:40.99	J. O'Keefe GOLD-05 18:04.85	F. Mayer GOLD-96 18:59.48	R. Valdivia GOLD-09 16:57.17	J. Gonzalez GOLD-99 19:10.00	E. Leskovitz GOLD-94 21:16.67	D. Quiggin GOLD-05 23:00.71	D. Quiggin GOLD-09 21:17.75	A. Rapperport GOLD-03 24:37.81	A. Rapperport GOLD-08 26:57.12	D. Sessinghaus GOLD-95 34:56.00		
<b>Backstroke</b>															
50	L. Lyons FLAQ-07 27.40	A. Pickett FLAQ-09 28.58	T. Dougher NPBM-04 30.32	J. Harper GOLD-05 31.01	J.Grzeszczak GOLD-02 31.48	J. Spire GOLD-99 30.88	G. Hall RACE-05 31.05	G. Hall GOLD-06 30.37	D. Quiggin GOLD-04 34.40	D. Quiggin GOLD-09 36.88	D. McIntyre GOLD-08 37.93	A. Rapperport GOLD-08 44.16	J. Degroot GOLD-02 47.92	N. Smith GOLD-00 1:06.91	N. Smith GOLD-05 1:06.91
100	L. Lyons FLAQ-07 58.92	A. Pickett FLAQ-09 1:01.48	M. Hooper FLAQ-07 1:04.63	K. Nolan PLAN-97 1:07.12	J. Harper GOLD-09 1:09.09	J. Spire GOLD-98 1:07.14	G. Schmidt GOLD-03 1:10.82	G. Hall GOLD-06 1:06.16	D. Quiggin GOLD-05 1:21.59	D. Quiggin GOLD-09 1:22.11	A. Rapperport GOLD-03 1:29.16	A. Rapperport GOLD-08 1:34.86	J. Silverio GOLD-08 2:17.98	N. Smith GOLD-00 2:39.47	N. Smith GOLD-05 3:04.64
200	V. Andrade FLAQ-09 2:15.13	T. Cuticchia PLAN-09 2:26.70	M. Hooper FLAQ-07 2:20.64	P. Berndt GOLD-98 2:16.03	P. Berndt GOLD-04 2:17.32	J. Vassallo FLAQ-09 2:31.96	D. Owen GOLD-04 2:36.26	G. Schmidt GOLD-09 2:39.53	R. Parsons GOLD-09 3:07.30	A. Rapperport GOLD-00 3:05.89	A. Rapperport GOLD-03 3:14.70	A. Rapperport GOLD-08 3:27.60	J. Degroot GOLD-02 3:54.62		
<b>Breaststroke</b>															
50	R. Johnston FLAQ-08 30.76	S.VanNeerden GOLD-97 28.98	S.VanNeerden 29.54	D. Malcolm GOLD-92 30.79	S. Frampton GOLD-06 32.27	A. Blavatnik FLAQ-09 34.10	T. Shead GOLD-02 32.85	G. Schmidt GOLD-09 34.17	S. Woodburn GOLD-04 41.62	N. Miyares GOLD-00 40.68	K. Wiedamann 38.88	W. Dobler 49.32	R. Spaulding GOLD-02 52.95	N. Smith GOLD-01 1:02.59	N. Smith GOLD-05 1:12.19
100	R. Johnston FLAQ-08 1:07.96	A. Pickett FLAQ-09 1:06.00	S.VanNeerden GOLD-98 1:05.64	D. Malcolm GOLD-92 1:09.80	S. Frampton GOLD-08 1:11.58	A. Blavatnik GOLD-09 1:15.96	T. Shead GOLD-02 1:13.40	G. Schmidt GOLD-09 1:21.60	E. Webb FLAQ-08 1:30.66	G. Delong GOLD-08 1:38.31	K. Wiedamann GOLD-09 1:25.82	A. DeLaVega GOLD-01 2:06.07	M. Eager GOLD-97 2:09.07	R. Spaulding GOLD-06 2:35.88	
200	G. Cantrelle FLAQ-09 2:42.87	C.Crawford GOLD-98 2:33.72	J. Stafford GOLD-01 2:34.60	S. Frampton GOLD-03 2:36.73	J. Harper GOLD-09 2:36.31	M. Braun LYTAL-02 2:57.28	T. Shead GOLD-02 2:44.60	R. Jacobsohn FLAQ-09 4:18.26	E. Webb FLAQ-08 3:16.31	G. Delong GOLD-08 3:35.78	K. Wiedamann GOLD-09 3:15.06	W. Pesetsky FLAQ-09 4:37.49	M. Eager GOLD-98 4:46.30		
<b>Butterfly</b>															
50	L. Lyons FLAQ-07 25.70	K. McNear GOLD-98 25.43	G. Hall UNAT-05 24.91	K. Wienants GOLD-97 26.83	C. Burns GOLD-94 27.73	C. Burns GOLD-98 27.61	G. Hall RACE-05 28.03	G. Hall GOLD-06 28.29	J. Burns FLAQ-07 28.79	D. Quiggin GOLD-09 30.51	J. Lammert GOLD-09 33.60	W. Dobler GOLD-09 38.52	R. Kane GOLD-92 1:15.39	R. Kane GOLD-97 2:02.04	
100	H. Lee FLAQ-07 56.16	K. McNear GOLD-98 56.65	M. Hooper FLAQ-07 1:00.91	K. Wienants GOLD-98 1:00.31	C. Burns GOLD-94 1:02.68	K. Wienants GOLD-09 1:03.70	J. Burns GOLD-98 1:03.70	J. Burns GOLD-01 1:06.38	J. Burns FLAQ-09 1:06.65	M. Tschirret GOLD-09 1:26.58	H. Kern GOLD-02 1:30.61	W. Dobler GOLD-09 1:38.91	R. Kane GOLD-92 3:43.12		
200	H. Lee FLAQ-07 2:08.62	K. McNear GOLD-98 2:07.56	M. Hooper FLAQ-07 2:16.07	J. O'Keefe GOLD-05 2:14.84	J. Olson GOLD-06 2:28.20	T. Erickson GOLD-03 2:33.79	T. Erickson FLAQ-07 2:30.86	P. Sheehee LYTAL-04 3:13.43	J. Burns FLAQ-09 2:47.35	H. Kern GOLD-97 3:22.32	H. Kern GOLD-03 3:35.83	H. Kern GOLD-07 3:57.35	R. Kane GOLD-92 7:59.93		
<b>IM</b>															
200	V. Cantrelle FLAQ-09 2:13.17	C.Crawford GOLD-98 2:16.73	R. Valdivia GOLD-98 2:24.38	P. Berndt GOLD-98 2:16.62	P. Berndt GOLD-04 2:15.10	K. Wienants GOLD-09 2:27.51	T. Shead GOLD-02 2:26.38	G. Schmidt GOLD-09 2:36.36	J. Burns FLAQ-09 2:47.02	D. Quiggin GOLD-09 2:54.64	C. Cavanaugh GOLD-08 3:19.72	H. Kern GOLD-07 3:36.49	R. Kane GOLD-92 6:31.79	R. Kane GOLD-97 8:05.38	
400	V. Cantrelle FLAQ-09 4:47.51	C.Crawford GOLD-98 5:11.12	M. Hooper FLAQ-07 4:59.52	P. Berndt GOLD-98 4:54.32	P. Berndt GOLD-04 4:53.24	T. Erickson FLAQ-05 5:37.45	T. Shead GOLD-02 5:31.08	E. Leskovitz GOLD-93 6:20.41	H. Kern GOLD-92 6:28.26	H. Kern GOLD-97 6:49.01	H. Kern GOLD-02 6:58.47	H. Kern GOLD-07 7:56.72	R. Kane GOLD-94 15:33.90		