

**FLORIDA GOLD COAST LMSC
SHORT COURSE YARDS RECORDS
MEN**

	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
Freestyle															
50	C. Bernard FLAQ-08 21.30	S.Muhammad RACE-04 19.44	S. Marvin GOLD-86 21.53	T. PACE GOLD-05 20.96	Nieuwenhuis FLAQ-10 21.81	K. Wienants GOLD-09 22.45	R. Hawkins GOLD-00 22.75	T. Shead GOLD-08 23.55	G. Schmidt GOLD-10 23.88	D. Quiggin GOLD-10 24.67	C. Cavanaugh GOLD-06 25.41	D. Sonia GOLD-06 29.70	A. Utrilla GOLD-01 36.96	F.Brasington GOLD-93 39.38	A. Utrilla GOLD-10 40.81
100	C. Bernard FLAQ-08 45.79	S.Muhammad RACE-04 42.91	S. Marvin GOLD-86 47.57	P. Harrington FLAQ-08 47.57	Nieuwenhuis FLAQ-10 48.10	K. Wienants GOLD-09 48.83	J. Wotton GOLD-09 50.24	P.Trevison GOLD-08 50.49	G. Schmidt GOLD-10 52.61	D. Quiggin GOLD-10 52.74	C. Cavanaugh GOLD-06 57.89	D. Sonia GOLD-05 1:09.66	A. Utrilla GOLD-01 1:24.29	Sessinghaus GOLD-00 1:40.45	A. Utrilla GOLD-10 1:36.58
200	C. Bernard FLAQ-08 1:40.92	S. Cromer GOLD-04 1:48.31	S. Marvin GOLD-86 1:44.87	G. Andrews LYTA-95 1:48.27	H. Oppenborn GOLD-01 1:47.97	K. Wienants GOLD-09 1:46.09	T. Erickson FLAQ-09 1:53.71	P.Trevison GOLD-08 1:57.79	D. Quiggin GOLD-09 1:59.16	D. Quiggin GOLD-10 1:59.88	C. Cavanaugh GOLD-06 2:11.29	A. Rapperport GOLD-09 2:42.08	J. Silverio GOLD-09 2:57.82	Sessinghaus GOLD-00 4:03.32	A. Utrilla GOLD-10 3:58.10
500	C. Bernard FLAQ-09 4:47.48	C. Welch GOLD-10 5:07.01	M. Hooper FLAQ-07 4:49.41	G. Andrews LYTA-95 5:01.65	R. Valdivia GOLD-07 4:45.81	T. Erickson FLAQ-06 5:06.03	T. Erickson FLAQ-09 5:11.03	W.Brandecker GOLD-06 5:53.48	D. Quiggin GOLD-09 5:42.16	D. Quiggin GOLD-10 5:39.24	C. Cavanaugh GOLD-06 6:24.41	A. Rapperport GOLD-10 7:37.31	A. Utrilla GOLD-01 9:25.06	R. Kane GOLD-00 14:11.61	
1000	A. Flandes FLAQ-09 9:58.86	B. Palmer FLAQ-08 11:53.22	M. Hooper FLAQ-07 10:00.06	R. Valdivia GOLD-04 10:25.66	R. Valdivia GOLD-05 10:17.81	R. Valdivia GOLD-10 9:55.75	T. Erickson FLAQ-10 10:44.85	G. Schmidt GOLD-07 12:35.98	D. Quiggin GOLD-08 12:16.92	D. Quiggin GOLD-10 12:16.23	A. Rapperport GOLD-05 14:31.36	A. Rapperport GOLD-09 15:49.42	A. Utrilla GOLD-02 19:37.24		
1650	A. Flandes FLAQ-09 16:40.22	S. Cromer GOLD-04 17:15.06	C. Derks GOLD-01 16:39.78	M. Hooper FLAQ-09 17:19.67	R. Valdivia GOLD-07 16:29.20	R. Valdivia GOLD-10 16:34.22	T. Erickson FLAQ-09 18:14.45	E. Leskovitz GOLD-92 20:20.17	D. Quiggin GOLD-08 20:25.94	A. Rapperport GOLD-00 23:33.81	A. Rapperport GOLD-04 24:47.99	A. Rapperport GOLD-09 26:34.19	Sessinghaus GOLD-95 31:44.18		
Backstroke															
50	C. Vythoukcas FLAQ-06 24.36	S. Freas GOLD-06 24.67	R. Bonewit GOLD-05 24.82	J. Harper GOLD-05 26.26	P. Berndt GOLD-04 25.51	J. Vasallo FLAQ-10 25.91	T. Shead GOLD-04 27.27	T. Shead GOLD-08 27.65	G. Schmidt GOLD-10 28.41	D. Quiggin GOLD-10 31.52	D. McIntyre GOLD-09 33.26	A. Rapperport GOLD-09 38.57	J. DeGroot GOLD-02 42.24	M. Eager GOLD-02 1:01.28	A. Utrilla GOLD-10 1:00.45
100	A. Flandes FLAQ-09 52.31	C. Welch GOLD-09 53.90	M. Hooper FLAQ-07 53.45	J. Harper GOLD-06 56.32	P. Berndt GOLD-04 53.92	D. Zuberio FLAQ-05 57.25	T. Shead GOLD-04 58.30	T. Shead GOLD-08 57.61	G. Schmidt GOLD-10 1:02.61	B. Dykstra GOLD-03 1:14.18	D. McIntyre GOLD-09 1:17.34	A. Rapperport GOLD-09 1:21.83	J. DeGroot GOLD-02 1:37.46		
200	A. Flandes FLAQ-09 1:54.49	A. Greener GOLD-09 1:58.65	M. Hooper FLAQ-07 1:56.85	J. Harper GOLD-05 2:01.07	P. Berndt GOLD-04 1:56.10	J. Dodds GOLD-09 2:05.75	G. Schmidt GOLD-02 2:12.78	G. Schmidt GOLD-10 2:15.13	G. Schmidt GOLD-10 2:17.06	A. Rapperport GOLD-00 2:43.43	A. Rapperport GOLD-04 2:50.99	A. Rapperport GOLD-09 3:04.94			
Breaststroke															
50	J. Heath GOLD-95 27.34	C. Welch GOLD-10 25.45	J. McTague GOLD-07 26.80	T. Pace GOLD-05 27.01	S. Frampton GOLD-08 27.14	J. Grzeszczak GOLD-04 29.90	T. Shead GOLD-04 28.29	T. Shead GOLD-08 27.81	G. Schmidt GOLD-10 30.81	C. Cavanaugh GOLD-02 37.58	K. Wiedemann GOLD-09 33.78	A. Kahkonen GOLD-06 39.73	M. Eager GOLD-99 48.01	M. Eager GOLD-02 57.68	
100	M. Bellew GOLD-10 1:01.14	C. Welch GOLD-10 56.19	J. Stafford GOLD-01 58.68	J. Harper GOLD-05 1:00.60	S. Frampton GOLD-08 1:00.80	J. Grzeszczak GOLD-04 1:05.81	T. Shead GOLD-03 1:02.31	T. Shead GOLD-08 1:01.42	S. Woodburn GOLD-04 1:15.69	T. Riker GOLD-10 1:23.54	K. Wiedemann GOLD-09 1:15.41	A. Kahkonen GOLD-06 1:32.45	R. Spaulding GOLD-02 1:53.21	M. Eager GOLD-02 2:06.37	
200	P. Bullock FLAQ-07 2:14.84	C. Welch GOLD-09 2:05.71	J. Stafford GOLD-01 2:09.46	J. Harper GOLD-05 2:11.74	C. Fernandez FLAQ-10 2:16.29	A. Moreno LYTA-26 2:28.21	T. Shead GOLD-04 2:19.45	T. Shead GOLD-08 2:17.00	R. Forum GOLD-05 2:53.76	H. Kern GOLD-97 3:07.73	K. Wiedemann GOLD-09 2:49.47	M. Eager GOLD-96 3:52.85	M. Eager GOLD-99 4:10.88		
Butterfly															
50	Galvan-Sarabia FLAQ-08 23.06	S.Muhammad RACE-04 21.15	R. Rivera GOLD-09 23.79	T. Pace GOLD-06 23.43	C. Burns GOLD-94 24.19	B. Tatterson FLAQ-10 24.46	C. Burns GOLD-03 24.94	J. Burns GOLD-01 25.73	J. Burns FLAQ-08 26.13	D. Quiggin GOLD-10 26.40	H. Kern GOLD-02 30.22	W. Dobler GOLD-09 34.00	S. Holmes GOLD-09 1:00.08	R. Kane GOLD-98 1:59.85	
100	C. Bernard FLAQ-08 50.04	K. McNear UNAT-97 51:29	J. Kealy FLAQ-06 53.19	R. McNear FLAQ-06 52.28	C. Burns GOLD-94 54.21	K. Wienants GOLD-09 53.75	J. Burns GOLD-98 56.08	J. Burns GOLD-04 57.56	J. Burns FLAQ-08 58.68	D. Quiggin GOLD-10 1:06.08	H. Kern GOLD-03 1:15.20	W. Dobler GOLD-09 1:25.71	G. Lustig FLAQ-10 2:31.20		
200	A. Flandes FLAQ-09 1:57.39	K. McNear UNAT-97 1:52.90	M. Hooper FLAQ-08 1:56.60	J. O'Keefe GOLD-05 1:58.66	J. Olsen GOLD-04 2:06.08	T. Erickson FLAQ-06 2:07.63	T. Erickson FLAQ-07 2:07.29	J. Burns GOLD-01 2:13.33	J. Burns FLAQ-06 2:20.47	H. Kern GOLD-98 2:57.76	H. Kern GOLD-02 3:05.30	H. Kern GOLD-08 3:28.23	R. Kane GOLD-95 7:42.08	R. Kane GOLD-97 9:29.18	
IM															
100	Galvan-Sarabia FLAQ-09 54.00	C. Welch GOLD-09 53.80	T. Dougher NPBM-05 54.69	J. Harper GOLD-06 55.76	P. Berndt GOLD-04 53.73	K. Wienants GOLD-09 56.36	T. Shead GOLD-04 56.04	T. Shead GOLD-08 56.20	G. Schmidt GOLD-10 59.18	D. Quiggin GOLD-10 1:07.02	C. Cavanaugh GOLD-06 1:12.02	W. Dobler GOLD-09 1:12.63	A. Utrilla GOLD-01 1:21.63		
200	P. Bullock FLAQ-07 1:56.22	C. Welch GOLD-10 1:56.17	M. Hooper FLAQ-08 2:02.18	J. Harper GOLD-05 2:00.74	P. Berndt GOLD-04 1:59.19	N. Nevid GOLD-03 2:09.45	T. Shead GOLD-04 2:06.91	T. Shead GOLD-08 2:04.09	G. Schmidt GOLD-10 2:12.14	D. Quiggin GOLD-10 2:31.11	H. Kern GOLD-02 2:45.67	W. Dobler GOLD-09 3:10.01	S. Holmes GOLD-09 4:40.79		
400	A. Flandes FLAQ-09 4:07.46	C. Welch GOLD-09 4:12.92	M. Hooper FLAQ-06 4:14.93	J. Harper GOLD-05 4:25.99	P. Berndt GOLD-04 4:13.88	N. Nevid GOLD-03 4:41.75	T. Shead GOLD-04 4:40.31	T. Shead GOLD-08 4:36.48	D. Quiggin FLAQ-06 5:29.42	H. Kern GOLD-97 5:54.79	H. Kern GOLD-02 6:02.14	S. Holmes GOLD-04 8:51.59	S. Holmes GOLD-09 10:12.30	R. Kane GOLD-97 15:16.54	