

FLORIDA GOLD COAST LMSC  
SHORT COURSE YARDS RECORDS  
WOMEN

	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
<b>Freestyle</b>														
50	H. Hageman GOLD-95 24.26	N. Rolland RACE-04 23.26	T. Moll GOLD-98 23.75	D. Torres GOLD-07 22.34	B. Lohberg GOLD-10 25.34	T. Hanson GOLD-07 26.26	P. Sargeant GOLD-08 25.94	P. Sargeant GOLD-09 26.67	M. Timmins GOLD-94 31.28	M. Timmons GOLD-95 31.59	J. Krauser GOLD-99 36.41	J. Krauser GOLD-02 39.56	L. Arango GOLD-08 1:02.92	S. Scott GOLD-94 1:22.60
100	H. Hageman GOLD-95 52.85	N. Rolland RACE-04 50.90	T. Moll GOLD-98 52.65	D. Torres GOLD-07 49.72	B. Lohberg GOLD-10 54.21	T. Hanson GOLD-07 57.85	P. Sargeant GOLD-08 58.93	P. Sargeant GOLD-09 58.55	L. Webb FLAQ-08 1:13.62	M. Timmons GOLD-95 1:12.05	J. Krauser GOLD-99 1:20.18	J. Krauser GOLD-02 1:27.49	C. Young GOLD-08 2:16.38	S. Scott GOLD-95 2:52.34
200	L. Dwors FLAQ-05 1:58.47	H. Hester PLAN-09 1:59.02	T. Moll GOLD-98 1:55.26	T. Moll GOLD-99 1:53.43	B. Lohberg GOLD-06 1:56.61	B. Milanese GOLD-09 2:08.22	P. Sargeant GOLD-08 2:09.85	P. Sargeant GOLD-09 2:09.67	C. Mancino GOLD-10 2:35.12	J. Krauser GOLD-94 2:43.72	J. Krauser GOLD-97 2:47.03	J. Krauser GOLD-02 3:05.46	Y. Wienke GOLD-96 3:53.63	S. Scott GOLD-95 6:10.12
500	L. Kenney FLAQ-09 5:26.72	H. Hester PLAN-09 5:18.23	J. Lobur GOLD-07 5:13.30	Mayville-Armas FLAQ-10 5:23.74	B. Lohberg GOLD-06 5:16.10	B. Milanese GOLD-08 5:39.11	L. Castro GOLD-10 5:51.45	P. Sargeant GOLD-09 5:57.07	C. Mancino GOLD-10 6:52.25	J. Krauser GOLD-94 7:14.69	J. Krauser GOLD-97 7:24.26	J. Krauser GOLD-02 8:19.24	L. Arango GOLD-08 12:15.81	S. Scott GOLD-96 16:25.98
1000	K. Alyabyeva FLAQ-09 10:57.04	H. Hester PLAN-10 11:04.87	B. Milanese GOLD-95 11:10.83	T. Moll GOLD-00 11:01.65	P. Craissati GOLD-05 11:26.27	B. Milanese GOLD-08 11:31.92	L. Castro GOLD-10 12:04.31	D. Ogier FLAQ-09 12:18.70	C. Mancino GOLD-10 14:06.81	J. Krauser GOLD-94 14:50.46	J. Krauser GOLD-98 15:06.37	J. Krauser GOLD-03 17:29.85		
1650	K. Alyabyeva FLAQ-09 18:08.20	H. Hester FLAQ-06 19:23.76	N. Jones GOLD-10 19:15.96	K. Legaspi FLAQ-10 19:17.21	B. Milanese GOLD-04 19:38.77	L. Castro GOLD-09 20:38.39	L. Castro GOLD-10 19:56.97	P. Sargeant GOLD-09 20:48.83	A. McGuire GOLD-96 25:33.51	J. Krauser GOLD-94 24:38.97	J. Krauser GOLD-99 25:17.77	J. Krauser GOLD-02 27:45.48		
<b>Backstroke</b>														
50	K. Byrnes FLAQ-05 28.19	T. Harm GOLD-09 26.87	T. Moll GOLD-98 28.92	Mayville-Armas FLAQ-10 28.89	J. Hulett FLAQ-10 30.57	D. Cavanaugh GOLD-06 30.96	D. Cavanaugh GOLD-08 30.70	M. Hughes GOLD-09 32.61	J. Mitchell GOLD-10 37.13	C. Bruce GOLD-95 38.72	J. Krauser GOLD-99 43.96	J. Krauser GOLD-02 47.22	C. Young GOLD-08 1:11.53	S. Scott GOLD-93 1:12.43
100	K. Byrnes FLAQ-05 1:00.48	L. Perkins GOLD-95 59.30	C. Pazos GOLD-01 1:07.31	Mayville-Armas FLAQ-10 1:02.25	B. Lohberg GOLD-10 1:02.61	D. Cavanaugh GOLD-03 1:06.58	D. Cavanaugh GOLD-08 1:05.87	P. Sargeant GOLD-09 1:10.71	J. Mitchell GOLD-10 1:18.90	C. Bruce GOLD-95 1:26.71	J. Krauser GOLD-97 1:33.80	J. Krauser GOLD-02 1:45.67	C. Young GOLD-08 2:33.65	S. Scott GOLD-93 2:49.21
200	B. Thomas FLAQ-06 2:14.51	K. Byrnes FLAQ-09 2:18.76	B. Milanese GOLD-95 2:18.00	Mayville-Armas FLAQ-10 2:12.56	B. Lohberg GOLD-10 2:13.64	D. Cavanaugh GOLD-03 2:24.96	D. Cavanaugh GOLD-08 2:25.24	P. Sargeant GOLD-09 2:32.14	J. Mitchell GOLD-10 2:57.38	J. Krauser GOLD-95 3:16.07	J. Krauser GOLD-98 3:18.06	J. Krauser GOLD-04 3:59.70	Y. Wienke GOLD-96 4:38.54	S. Scott GOLD-96 5:25.75
<b>Breaststroke</b>														
50	N. Levine GOLD-05 32.51	S. Welch GOLD-10 30.08	C. Garth FLAQ-08 33.57	K. Legaspi FLAQ-10 30.01	A. Hatfield FLAQ-09 32.16	D. Cavanaugh GOLD-03 33.94	D. Cavanaugh GOLD-08 34.50	A. McGuire GOLD-93 38.84	A. McGuire GOLD-96 39.95	J. Krauser GOLD-95 44.92	J. Krauser GOLD-97 46.43	J. Krauser GOLD-02 53:59	J. Krauser GOLD-07 1:17.30	S. Scott GOLD-94 1:51.83
100	K. Alyabyeva FLAQ-09 1:07.94	L. McLuckie FLAQ-08 1:08.99	L. McLuckie FLAQ-09 1:11.35	K. Legaspi FLAQ-10 1:05.21	A. Hatfield FLAQ-09 1:11.34	D. Cavanaugh GOLD-03 1:14.89	D. Cavanaugh GOLD-08 1:16.95	A. McGuire GOLD-92 1:25.69	A. McGuire GOLD-96 1:27.72	J. Krauser GOLD-94 1:36.64	J. Krauser GOLD-97 1:41.49	J. Krauser GOLD-02 1:54.68	J. Krauser GOLD-07 2:50.70	S. Scott GOLD-95 4:02.66
200	N. Levine GOLD-05 2:28.80	L. McLuckie FLAQ-08 2:28.22	L. McLuckie FLAQ-09 2:33.90	K. Legaspi FLAQ-10 2:24.73	B. Wesch GOLD-06 2:38.61	D. Cavanaugh GOLD-03 2:43.43	D. Cavanaugh GOLD-08 2:51.74	A. McGuire GOLD-92 3:05.61	A. McGuire GOLD-96 3:11.61	J. Krauser GOLD-94 3:27.42	J. Krauser GOLD-97 3:40.29	J. Krauser GOLD-03 4:08.31	J. Krauser GOLD-07 5:49.58	S. Scott GOLD-95 8:21.15
<b>Butterfly</b>														
50	K. Alyabyeva FLAQ-09 26.52	N. Rolland RACE-04 24.46	C. Garth FLAQ-08 26.15	T. Moll GOLD-01 25.86	B. Lohberg GOLD-10 26.60	T. Moll FLAQ-09 29.79	P. Sargeant GOLD-08 30.20	P. Sargeant GOLD-09 29.95	S. Peterson FLAQ-05 35.74	J. Krauser GOLD-95 39.10	J. Krauser GOLD-97 39.91	J. Krauser GOLD-02 43.98	J. Krauser GOLD-07 1:11.45	S. Scott GOLD-93 1:29.60
100	K. Noland FLAQ-05 58.21	L. Perkins GOLD-95 1:00.42	T. Moll GOLD-98 56.71	T. Moll GOLD-01 56.44	B. Lohberg GOLD-10 58.01	C. Devanney GOLD-04 1:09.27	P. Sargeant GOLD-08 1:06.20	P. Sargeant GOLD-09 1:06.74	C. Mancino GOLD-10 1:20.94	J. Krauser GOLD-95 1:26.26	J. Krauser GOLD-97 1:29.07	J. Krauser GOLD-02 1:44.36	J. Krauser GOLD-07 2:43.46	S. Scott GOLD-96 6:21.25
200	L. Kenney FLAQ-09 2:13.55	H. Kelley FLAQ-06 2:20.39	T. Moll GOLD-98 2:11.77	T. Moll GOLD-99 2:06.53	B. Lohberg GOLD-06 2:10.65	L. Castro GOLD-09 2:33.70	L. Castro GOLD-10 2:34.23	P. Sargeant GOLD-09 2:40.45	C. Mancino GOLD-10 3:05.60	J. Krauser GOLD-94 3:11.22	J. Krauser GOLD-97 3:16.51	J. Krauser GOLD-03 4:00.84	J. Krauser GOLD-02 4:38.54	S. Scott GOLD-96 13:17.96
<b>IM</b>														
100	K. Alyabyeva FLAQ-09 59.66	N. Rolland RACE-04 57.56	C. Garth FLAQ-08 1:03.25	Mayville-Armas FLAQ-10 1:01.57	B. Lohberg GOLD-10 1:02.60	D. Cavanaugh GOLD-03 1:07.38	D. Cavanaugh GOLD-08 1:08.28	P. Sargeant GOLD-09 1:08.86	C. Mancino GOLD-10 1:22.10	J. Krauser GOLD-96 1:26.71	J. Krauser GOLD-97 1:29.22	J. Krauser GOLD-02 1:38.08	J. Krauser GOLD-07 3:48.91	S. Scott GOLD-93 4:02.66
200	K. Noland FLAQ-05 2:13.73	L. Perkins GOLD-95 2:07.89	T. Moll GOLD-98 2:20.22	T. Moll GOLD-01 2:10.78	B. Lohberg GOLD-10 2:20.16	D. Cavanaugh GOLD-03 2:26.88	D. Cavanaugh GOLD-08 2:27.36	P. Sargeant GOLD-09 2:35.19	C. Mancino GOLD-10 2:58.67	J. Krauser GOLD-94 3:04.17	J. Krauser GOLD-97 3:09.25	J. Krauser GOLD-02 3:27.90	J. Krauser GOLD-07 7:12.42	S. Scott GOLD-93 7:12.42
400	K. Alyabyeva FLAQ-09 4:38.73	S. Dearworth LYTA-01 4:56.47	B. Milanese GOLD-95 5:00.88	B. Lohberg GOLD-05 4:36.13	B. Lohberg GOLD-07 4:44.36	D. Cavanaugh GOLD-06 5:24.28	L. Castro GOLD-10 5:21.63	P. Sargeant GOLD-09 5:27.58	C. Mancino GOLD-10 6:30.93	J. Krauser GOLD-94 6:27.79	J. Krauser GOLD-99 6:42.23	J. Krauser GOLD-02 7:31.02	J. Krauser GOLD-07 17:37.07	S. Scott GOLD-95 17:37.07