Florida Gold Coast LMSC

Men's Short Course Yards Records

as of 1/31/08

	50 FREE			100 FREE			200 FREE			500 FREE			1000 FREE			1650 FREE		
19-24	:21.87	C. Vythoulkas	FLAQ-06	:48.20	E. Nolan	FLAQ-06	1:48.89	E. Nolan	FLAQ-06	5:07.58	E. Nolan	FLAQ-06	10:29.32	P. Bullock	FLAQ-06	19:07.89	P. Bullock	FLAQ-06
25-29	:19.44	S. Muhammad	RACE-04	:42.91	S. Muhammad	RACE-04	1:48.31	S. Cromer	GOLD-04	5:39.72	B. Fernandez	GOLD-02	12:28.86	E. Lovell	FLAQ-07	17:15.06	S. Cromer	GOLD-04
30-34	:21.53	S. Marvin	GOLD-86	:47.57	S. Marvin	GOLD-86	1:44.87	S. Marvin	GOLD-86	4:49.41	M. Hooper	FLAQ-07	10:00.06	M. Hooper	FLAQ-07	16:39.78	C. Derks	GOLD-01
35-39	:20.96	T. Pace	GOLD-05	:48.08	T. Pace	GOLD-05	1:54.24	K. Semisch	GOLD-06	5:15.12	D. LeClair	GOLD-06	10:25.66	R. Valdivia	GOLD-04	19:24.05	B. Korey	GOLD-00
40-44	:22.48	C. Burns	GOLD-94	:49.35	H. Oppenborn	GOLD-01	1:47.97	H. Oppenborn	GOLD-01	4:45.81	R. Valdivia	GOLD-07	10:17.81	R. Valdivia	GOLD-05	16:29.20	R. Valdivia	GOLD-07
45-49	:22.85	S. Marvin	GOLD-02	:50.88	C. Burns	GOLD-02	1:54.67	T. Erickson	GOLD-03	5:06.03	T. Erickson	FLAQ-06	10:37.97	T. Erickson	FLAQ-06	17:29.04	R. Strauss	GOLD-98
50-54	:22.75	R. Hawkins	GOLD-00	:50.56	C. Burns	GOLD-03	1:53.78	T. Erickson	FLAQ-07	5:25.03	T. Erickson	FLAQ-07	11:08.56	T. Erickson	FLAQ-07	19:19.60	T. Erickson	FLAQ-07
55-59	:24.05	G. Schmidt	GOLD-05	:53.87	G. Schmidt	GOLD-05	2:01.53	G. Schmidt	GOLD-06	5:53.48	W. Brandecker	GOLD-06	12:35.98	G. Schmidt	GOLD-07	20:20.17	E. Leskovitz	GOLD-92
60-64	:24.52	C. Cavanaugh	GOLD-98	:53.79	D. Quiggin	FLAQ-06	2:01.56	D. Quiggin	FLAQ-06	5:49.83	D. Quiggin	FLAQ-06	12:18.68	D. Quiggin	GOLD-07	20:48.76	D. Quiggin	FLAQ-06
65-69	:24.76	C. Cavanaugh	GOLD-01	:55.97	C. Cavanaugh	GOLD-01	2:06.55	C. Cavanaugh	GOLD-01	6:06.30	C. Cavanaugh	GOLD-02	14:09.08	A. Rapperport	GOLD-03	23:33.81	A. Rapperport	GOLD-00
70-74	:25.41	C. Cavanaugh	GOLD-06	:57.89	C. Cavanaugh	GOLD-06	2:11.29	C. Cavanaugh	GOLD-06	6:24.41	C. Cavanaugh	GOLD-06	14:31.36	A. Rapperport	GOLD-05	24:47.99	A. Rapperport	GOLD-04
75-79	:29.70	D. Sonia	GOLD-06	1:09.66	D. Sonia	GOLD-05	2:46.01	D. Sonia	GOLD-05	8:55.05	J. Silverio	GOLD-02	17:42.68	J. Silverio	GOLD-02	30:25.40	J. Silverio	GOLD-02
80-84	:36.96	A. Utrilla	GOLD-01	1:24.29	A. Utrilla	GOLD-01	3:24.33	A. Utrilla	GOLD-02	9:25.06	A. Utrilla	GOLD-01	19:37.24	A. Utrilla	GOLD-02	31:44.18	D. Sessinghaus	GOLD-95
85-89	:39.38	F. Brasington	GOLD-93	1:40.45	D. Sessinghaus	GOLD-00	4:03.32	D. Sessinghaus	GOLD-00	14:11.61	R. Kane	GOLD-98						
90-94																		

	50 BACK			100 BACK			200 BACK			50 BREAST			100 BREAST			200 BREAST		
19-24	:24.36	C. Vythoulkas	FLAQ-06	:54.43	C. Vythoulkas	FLAQ-06	1:59.07	C. Vythoulkas	FLAQ-06	:27.34	J. Heath	GOLD-95	1:01.16	B. Hankinson	FLAQ-06	2:16.87	P. Bullock	FLAQ-06
25-29	:24.67	S. Freas	FLAQ-06	:57.08	D. Berg	FLAQ-06	2:05.10	S. Cromer	GOLD-04	:26.62	J. Linn	AAST-02	:58.87	T. Magarity	FLAQ-06	2:08.74	C. Cron	GOLD-05
30-34	:24.82	R. Bonewit	GOLD-05	:53.45	M. Hooper	FLAQ-07	1:56.85	M. Hooper	FLAQ-07	:26.80	J. McTague	GOLD-07	:58.68	J. Stafford	GOLD-01	2:09.46	J. Stafford	GOLD-01
35-39	:26.26	J. Harper	GOLD-05	:56.32	J. Harper	GOLD-06	2:01.07	J. Harper	GOLD-05	:27.01	T. Pace	GOLD-05	1:00.60	J. Harper	GOLD-05	2:11.74	J. Harper	GOLD-05
40-44	:25.51	P. Berndt	GOLD-04	:53.92	P. Berndt	GOLD-04	1:56.10	P. Berndt	GOLD-04	:27.52	S. Frampton	GOLD-07	1:01.00	S. Frampton	GOLD-07	2:28.51	J. Vandersluis	NPBM-05
45-49	:26.73	D. Zubero	FLAQ-05	:57.25	D. Zubero	FLAQ-05	2:07.04	W. Dorney	GOLD-95	:29.90	J. Grzeszczak	GOLD-04	1:05.81	J. Grzeszczak	GOLD-04	2:28.21	A. Moreno	LYTA-06
50-54	:27.27	T. Shead	GOLD-04	:58.30	T. Shead	GOLD-04	2:12.78	G. Schmidt	GOLD-02	:28.29	T. Shead	GOLD-04	1:02.31	T. Shead	GOLD-03	2:19.45	T. Shead	GOLD-04
55-59	:29.00	G. Schmidt	GOLD-05	1:02.61	G. Schmidt	GOLD-05	2:17.95	G. Schmidt	GOLD-05	:31.10	G. Schmidt	GOLD-05	1:09.45	G. Schmidt	GOLD-05	2:57.56	R. Parsons	GOLD-04
60-64	:31.22	D. Quiggin	GOLD-07	1:09.45	D. Quiggin	GOLD-05	2:38.55	D. Quiggin	FLAQ-06	:34.73	R. Forum	GOLD-05	1:15.69	S. Woodburn	GOLD-04	2:53.76	R. Forum	GOLD-05
65-69	:31.94	D. McIntyre	GOLD-03	1:14.18	B. Dykstra	GOLD-03	2:43.43	A. Rapperport	GOLD-00	:37.58	C. Cavanaugh	GOLD-02	1:28.23	L. Silverstein	GOLD-02	3:07.73	H. Kern	GOLD-97
70-74	:35.59	C. Cavanaugh	GOLD-06	1:18.04	A. Rapperport	GOLD-04	2:50.99	A. Rapperport	GOLD-04	:38.99	C. Cavanaugh	GOLD-06	1:36.37	J. Weiner	LYTA-01	3:12.62	H. Kern	GOLD-03
75-79	:40.30	A. Kahkonen	GOLD-06	1:47.68	J. Silverio	GOLD-04	4:04.51	J. Silverio	GOLD-02	:39.73	A. Kahkonen	GOLD-06	1:32.45	A. Kahkonen	GOLD-06	3:52.85	M. Eager	GOLD-96
80-84	:42.24	J. DeGroot	GOLD-02	1:37.46	J. DeGroot	GOLD-02				:48.01	M. Eager	GOLD-99	1:53.21	R. Spaulding	GOLD-02	4:10.88	M. Eager	GOLD-99
85-89	1:01.28	M. Eager	GOLD-02							:57.68	M. Eager	GOLD-02	2:06.37	M. Eager	GOLD-02			
90-94																		

	50 FLY			100 FLY			200 FLY			100 IM			200 IM			400 IM		
19-24	:23.51	R. Meyers	FLAQ-05	:51.42	R. Meyers	FLAQ-05	1:58.08	P. Bullock	FLAQ-06	:55.37	P. Bullock	FLAQ-06	1:57.94	P. Bullock	FLAQ-06	4:12.51	P. Bullock	FLAQ-06
25-29	:21.15	S. Muhammad	RACE-04	:51.29	K. McNear	UNAT-97	1:52.90	K. McNear	UNAT-97	:54.05	C. Crawford	GOLD-98	1:59.01	C. Cron	GOLD-05	4:31.55	B. Darzi	GOLD-06
30-34	:23.91	R. Bonewit	GOLD-05	:53.19	J. kealy	FLAQ-06	1:58.77	M. Hooper	FLAQ-06	:54.69	T. Dougher	NPBM-05	2:02.45	J. Kealy	FLAQ-06	4:14.93	M. Hooper	FLAQ-06
35-39	:23.43	T. Pace	GOLD-06	:52.28	R. McNear	FLAQ-06	1:58.66	J. O'Keefe	GOLD-05	:55.76	J. Harper	GOLD-06	2:00.74	J. Harper	GOLD-05	4:25.99	J. Harper	GOLD-05
40-44	:24.19	C. Burns	GOLD-94	:54.21	C. Burns	GOLD-94	2:06.08	J. Olsen	GOLD-04	:53.73	P. Berndt	GOLD-04	1:59.19	P. Berndt	GOLD-04	4:13.88	P. Berndt	GOLD-04
45-49	:24.55	D. Zubero	FLAQ-05	:57.15	C. Burns	GOLD-02	2:07.63	T. Erickson	FLAQ-06	:56.37	D. Zubero	FLAQ-05	2:09.45	N. Nevid	GOLD-03	4:41.75	N. Nevid	GOLD-03
50-54	:24.94	C. Burns	GOLD-03	:56.08	J. Burns	GOLD-98	2:11.28	J. Burns	GOLD-97	:56.04	T. Shead	GOLD-04	2:06.91	T. Shead	GOLD-04	4:40.31	T. Shead	GOLD-04
55-59	:25.73	J. Burns	GOLD-01	:57.56	J. Burns	GOLD-01	2:13.33	J. Burns	GOLD-01	:59.83	G. Schmidt	GOLD-05	2:16.38	G. Schmidt	GOLD-06	5:12.46	G. Schmidt	GOLD-06
60-64	:26.57	J. Burns	FLAQ-06	:59.25	J. Burns	FLAQ-07	2:20.47	J. Burns	FLAQ-06	1:07.05	D. Quiggin	FLAQ-06	2:27.20	D. Quiggin	FLAQ-06	5:29.42	D. Quiggin	FLAQ-06
65-69	:28.33	C. Cavanaugh	GOLD-01	1:14.12	H. Kern	GOLD-97	2:57.76	H. Kern	GOLD-98	1:08.52	C. Cavanaugh	GOLD-01	2:36.49	C. Cavanaugh	GOLD-01	5:54.79	H. Kern	GOLD-97
70-74	:30.22	H. Kern	GOLD-02	1:15.20	H. Kern	GOLD-03	3:05.30	H. Kern	GOLD-02	1:12.07	C. Cavanaugh	GOLD-06	2:45.67	H. Kern	GOLD-02	6:02.14	H. Kern	GOLD-02
75-79	:36.24	H. Kern	GOLD-07	1:35.77	H. Kern	GOLD-07	3:32.01	H. Kern	GOLD-07	1:33.07	D. Sonia	GOLD-06	3:17.31	H. Kern	GOLD-07	8:51.59	S. Holmes	GOLD-04
80-84	1:20.09	R. Kane	GOLD-95	3:14.19	R. Kane	GOLD-94	7:42.08	R. Kane	GOLD-95	1:57.80	A. Utrillo	GOLD-01	5:57.63	R. Kane	GOLD-93	13:12.09	R. Kane	GOLD-95
85-89	1:59.85	R. Kane	GOLD-98				9:29.18	R. Kane	GOLD-97							15:16.54	R. Kane	GOLD-97
90-94																		