

Upper Keys Fall Invite, SCM
Fighting Manatee Swim Club
October 16, 2010

Sanctioned by: Florida Gold Coast Masters for USMS, Inc. Sanction #: 5010-017

- Sponsored By:** Friends of the Pool, Inc
- Date & Time:** Saturday, October 16, 2010
Warm Up: 9:00am...Meet Start Time: 10:00am
- Location:** Jacobs Aquatic Center
320 Laguana Avenue, Key Largo, FL, 33037
- Facility:** Competition in 6 lanes of 8-lane 25-meter portion of the pool.
Warm up/warm down lane will be available throughout the meet. Colorado Timing system plus hand-held watches will be used for timing.
- Eligibility:** Open to all USMS registered swimmers 18 years and older, your age on December 31, 2010.
- Rules:** 2010 USMS rules govern. *A copy of your 2010 USMS Card MUST be attached to the entry form.*
- Entries:** Each swimmer may enter up to 5 individual events plus relays (relays will be deck entered). **Entries Due Tuesday, October 12.** Mail entries to: Katy LeVasseur, Upper Keys Fall Invite, 300 North Dr., Islamorada, FL 33036.
- Entry Fees:** \$10 meet surcharge plus \$3 per event, \$5 for relays
Deck Entries: \$10 surcharge plus \$6 per event. Make check out to Friends of the Pool, Inc.
- Seeding:** Entries will be seeded by time, slowest to fastest
- Awards:** First through third place awards will be given by age group and gender for individual events and relays.
- Hotel Info:** See page 3
- For Info:** Meet Director, Katy LeVasseur
Phone: 305.849.2278
Email: katyclodius@hotmail.com

Breaks will be taken as needed during the meet.

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Name: _____
 Date of Birth: _____ Age (on 12/31/10): _____
 2010 USMS #: _____ Gender: M F
 Club Name: _____
 Address: _____ City/State: _____ Zip: _____
 Email: _____ Phone: _____

Women	Entry Time	Event	Entry Time	Men
Event #				Event #
1		200 M Free		2
3		100 M Back		4
5		50 M Fly		6
7		100 M Breast		8
9		50 M Free		10
11		100 M IM		12
13	<i>Deck Entered</i>	200 M Mixed Medley Relay	<i>Deck Entered</i>	13
15	<i>Deck Entered</i>	200 M Free Relay	<i>Deck Entered</i>	16
17		100 M Fly		18
19		100 M Free		20
21		50 M Breast		22
23		200 M IM		24
25		50 M Back		26
27	<i>Deck Entered</i>	200 M Medley Relay	<i>Deck Entered</i>	28
29	<i>Deck Entered</i>	200 M Mixed Free Relay	<i>Deck Entered</i>	29

Surcharge: _____ = \$10.00 + **Attach Copy of USMS Card Here:**
 Individual Events: _____ X \$3.00 = \$ _____
 Total Enclosed: _____ \$

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 I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## *Hotel Information*

**These are discounted rates for the nights of Oct. 15 and 16. All are within a mile of the pool.**

*Bayside Inn* (Mention 'Upper Keys Fall Invite' when making reservation for discount)

[www.baysidekeylargo.com](http://www.baysidekeylargo.com)

99490 Overseas Highway

Key Largo, FL 33037

305.451.4450

\$95

*Ramada Key Largo* (Mention 'Upper Keys Fall Invite' for discount)

[www.ramadakeylargo.com](http://www.ramadakeylargo.com)

99751 Overseas Highway

Key Largo, FL 33037

305.451.3939

\$109.95

*Marina Del Mar* (Mention 'Upper Keys Fall Invite' when making reservation for discount)

[www.marinadelmar.com](http://www.marinadelmar.com)

527 Caribbean Drive

Key Largo, FL 33037

305.451.4107

\$109.95-\$129.95

*The Pelican* (Mention 'Friends of the Pool' when making reservation for discount)

[www.hungrypelican.com](http://www.hungrypelican.com)

99340 Overseas Highway

Key Largo, FL 33037

305.451.3576

10% discount + tax exemption